

## ENHANCING WOMEN'S EMPOWERMENT: REFLECTIONS FROM JAMMU AND KASHMIR

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## ABSTRACT

Women with skill have lot of scope for jobs in factories and industries but are not duly represented because of their lack of control over resources. Therefore to bring women into mainstream economic activities has now became a global concern. Even Millennium Development Goals [2000 - 2015], in its goal no. 2 and 3 aims at empowerment of women in all these spheres of life, be that Political, social, economic, legal and psychological. History of the Jammu and Kashmir reveals only few women from state have entered Parliament of India, This is obviously a matter of grave concern, that in a state with more than crores of female electorate, still their presence in the power corridors of Jammu and Kashmir State remains almost negligible. In this troubled state with more than two decades of disturbance, female folk are hardly accommodated even at the soft higher political posts.

The present paper would focus on the programmes initiated by state and centre government in state of Jammu and Kashmir for empowering women through various capacity building programmes. apart from this we will also focus on the challenges to empowerment of women in state concerned.

KEYWORDS: Political, Social, Economic, Legal and Psychological, Female Electorate